

Cyclists are advised to ride in the centre of their lane on quiet roads, in slower-moving traffic and on the approach to junctions or narrow sections of road.

They may also position themselves centrally at junctions without separate cyclist facilities. This helps them to remain visible to other road users.

Sharing your lane with cyclists



On busier roads, cyclists are told to allow faster vehicles to overtake, while remaining at least half a metre from the kerb if possible.

In accordance with the Hierarchy of Road Users, drivers need to minimise the threat to cyclists, but there are new rules for cyclists to follow too. For more information, see rules 72-74 in the latest Highway Code.

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RoadSmart