STEERING FUTURES Empowering young drivers and riders

iAM

RoadSmart

RESOURCE KIT



ARE YOU 30 OR UNDER? WE'VE PUT TOGETHER A KIT **FULL OF RESOURCES, TIPS AND ADVICE WHICH WE** HOPE YOU'LL FIND USEFUL. WHETHER YOU'RE A DRIVER **OR RIDER, WE WANT TO EQUIP YOU WITH KNOWLEDGE AND INFORMATION SO YOU CAN MAKE THE MOST OF** YOUR TIME ON THE ROAD.



DID YOU KNOW THE HIGHWAY CODE CHANGED IN 2022?

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With recent changes, it's important that you keep up to date with the Highway Code and Hierarchy of Road Users, to ensure you and others are staying safe when out on the roads.

Rule H2 (Rule 195): New priority for pedestrians at junctions

Give way to pedestrians waiting at...

- A junction
- A crossing
- A zebra crossing
- Light-controlled crossings

NEW HIERARCHY OF ROAD LISERS

Cyclists should give way to pedestrians on cycle tracks and to horse riders on bridleways.

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Only pedestrians - including those using mobility scooters or wheelchairs - should use the pavement. Pedestrians may also use any part of the road and cycle tracks unless there are signs prohibiting pedestrians.

Rule H3

When you are turning into or out of a junction or changing direction or lane, you should not cut across cyclists, horse riders or horse-drawn vehicles ahead. You should always give way to them.

If there are any of the above road users in front of you, before moving past them or making a turn, you must wait until it is safe to do so.

You mustn't cause another road user to swerve; always wait for a safe gap.



UNDERSTANDING THE HIERARCHY OF ROAD USERS





TEST YOUR KNOWLEDGE WITH OUR HIGHWAY CODE QUIZ

All you have to do is answer 5 questions here.

		Highway code quiz!	
	* Required		
	1 First name *		
	Enter your answer		
	2 Surname * Enter your answer		
	3 Email address * Enter your answer		
	Next Never give out your password. <u>Report abo</u>	Page 1 of 2	
MacBook Pro			

DID YOU KNOW: THE MORNING AFTER DRINKING YOU MAY STILL NOT BE SAFE TO DRIVE?

If you get a taxi or a lift home after a night of drinking, have some sleep and some food, you may think you're fit to drive, but this isn't always the case!

Around 5,500 people are failing breath tests between 6am and midday every year. Your body may not have processed the alcohol from the night before, by the morning.

What are the dangers?

- Slower reaction times
- Poor judgement of speed and distance

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Impaired vision

If you know you are going to be driving the next day, the following could help you:

- Consider a lower strength alcoholic drink
- Choose a single measure instead of a double
- Make every other drink a water or soft drink
- Stop drinking before the end of the night, so your body has more time to process the alcohol before the morning

DO YOU KNOW HOW MANY UNITS YOUR GO-TO DRINK HAS? SPIN THE WHEEL HERE TO FIND OUT





ANSWERING YOUR QUESTIONS!

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Hear from our experts, who answer the most commonly asked questions about driving and riding here.



DO YOU KNOW WHAT THE SYMBOLS ON YOUR DASHBOARD MEAN?

Warning lights or alerts may pop up on your dashboard from time to time, so it's good to be familiar with what they mean:

Engine Management

If the engine light comes on you should get it checked as soon as you can, as by continuing to drive you risk causing further, potentially irreparable damage to your engine.

Brake Warning

When the brake pad warning light is on, this means that the sensor in the brakes has detected that the pads are too thin. Thin brake pads can be extremely dangerous to drive on and can leave your car struggling to stop when you press on the brakes, which is why this light should never be ignored.



Airbag Warning

When you start your car, the airbag warning light will turn on for a few seconds and should turn off automatically if everything is okay. If the light stays on, the computer has detected an issue. When this light is on, that means your airbags are deactivated. It means they will not deploy properly if you are involved in a crash. **Engine Temperature Warning** If this light flashes it means that your car's cooling system is not working properly, and your engine is overheating. While the car is still drivable, you run the risk of causing considerable damage to

the engine by letting it run too hot. As mentioned earlier, if the light comes on, you should pull over in a safe place as soon as possible.

Oil Pressure

Also known as the low engine oil or low oil pressure light. The oil warning light comes on when either the oil temperature gets too high, or the oil level or pressure is too low. If the oil is not lubricating the engine effectively, it could lead to expensive or even

irreparable engine damage, so it's important to act quickly.

Remember, if your dashboard symbols are illuminated, then your car is trying to tell you something, so don't ingore it.

Click here to find out more about warning lights

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YOUNG DRIVERS AND RIDERS TOOLKIT | 8

THE DUTCH REACH

The Dutch Reach is a simple, yet effective method of opening your door, to save lives.

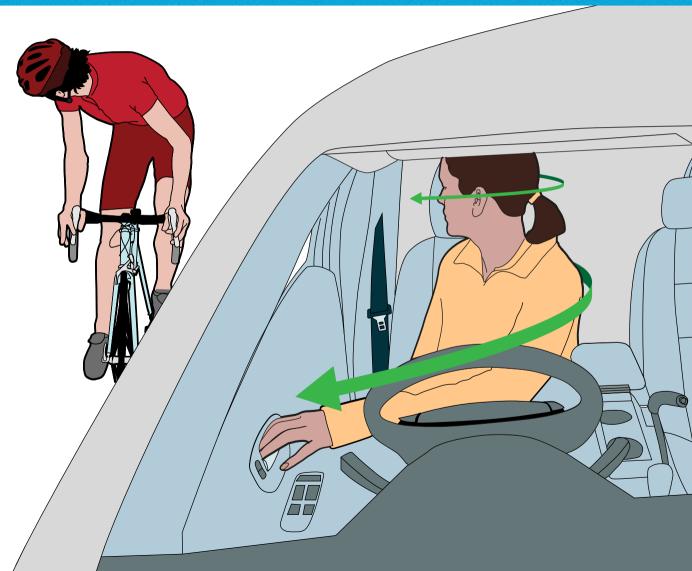
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Rule 239 of the Highway Code says "you MUST ensure you do not hit anyone when you open your door. Check for cyclists or other traffic."

Simply open your door with the hand that's furthest from the door handle. So, if you are in the UK open the door with your left hand if you're the driver and your right hand if you're the passenger.

This method forces you to turn your body and check behind you, and it allows you to check your rear-view mirror as you turn round.

Click for more information on the Dutch reach



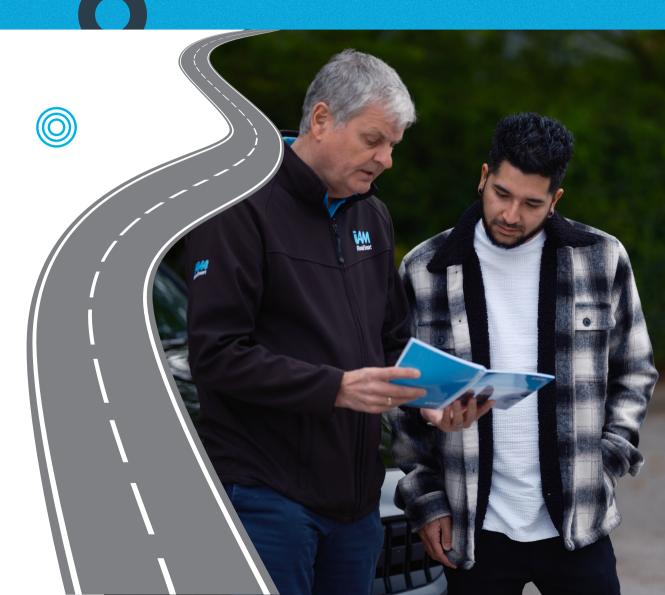


IAM RoadSmart is the UK's leading road safety charity. We have a thriving community of members all with the same passion for driving and riding. We offer a range of courses to improve on-road skills, from shorter sessions to the full Advanced course.

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Advanced driving and riding may be more exciting than it sounds! Staying safe on the roads is so important, but throughout the course you'll also learn to get more enjoyment from your time in your car or on your bike and may even make some new friends. The course, which is based on the same techniques as the emergency services use, is designed to improve your skills and teach you how to think ahead so you're prepared for any on-road situation.

Whether you consider yourself a confident or nervous driver or rider, the Advanced course will help you to take the next step so you're ready for any on-road scenario.





ioad to recovery: Getting back behind he wheel

HEAR FROM OUR CURRENT YOUNG DRIVERS...

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Amy recently took her Advanced course and put together a short video explaining how it works **Click here**



After a collision, Izaak was left injured and shaken.

As part of his recovery, he decided to take an Advanced Driver course to build back his confidence.

Read more about his story...





WHAT THE ADVANCED COURSES INCLUDE...

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EVERYTHING YOU NEED TO KNOW ABOUT OUR ADVANCED DRIVER COURSE



EVERYTHING YOU NEED TO KNOW ABOUT OUR ADVANCED RIDER COURSE







Antony Kildare, CEO

"At IAM RoadSmart we are committed to, and passionate about, upskilling young people - ensuring that our mission of making roads safer for all continues for years to come. Driving and riding is, and should be, a fun activity for us all; by taking part in an Advanced course not only will you meet and learn from an expert in your local area, but also be able to share hints and tips with your friends and family."



Richard, Chief Examiner

"The Advanced Driving or Riding course offers young road users instant access to years of experience. Your Observer will use their experience and expertise to coach you to be the best version of your driving or riding self. We will help you to understand how to prioritise safety, share road space effectively and enjoy your driving and riding. As your skill develops you should be looking forward to your next session and the test, which may seem daunting when you start, but it's just an opportunity to show the Examiner how good you can be. With Advanced motoring the journey should be as enjoyable as the destination."



THANK YOU!

Thank you for reading our toolkit. We have a whole load more hints and tips, blogs and resources on our website, check them out.

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If you like what you read, then it's time to go beyond what you were taught when you first learned to drive or ride, and take your skill to the next level with IAM RoadSmart!



Better control of your vehicle Improved confidence Safer driving and riding Improved fuel economy Get the most out of each journey whilst having fun along the way!

Find out more about Advanced Driving

or

Advanced Riding

