



Rider Skills Days

The instructions in this document are essential information for the IAM RoadSmart Motorcycle Skills Day events at Thruxton. These have been prepared following the Covid-19 Risk Assessment process for Thruxton Circuit.

PLEASE READ ALL INSTRUCTIONS IN THIS DOCUMENT

SIGN THE DISCLAIMER AND BRING IT ON THE DAY

RAISE QUESTIONS IMMEDIATELY IF ANYTHING IS UNCLEAR 0300 303 1134

Please ensure you have viewed the safety briefing sent to you by email. There will be a short reminder and flag briefing session on the day delivered upstairs in the Thruxton Centre. See below for times.

Please allow plenty of time for your journey to Thruxton.

Please park your motorcycle in the Assembly Area.

Please remove any easily removable luggage (if it simply unclips) and loose items from your machine and place them in the Portakabin adjacent to the Assembly Area, the IAM RoadSmart marshal will only allow 1 person in the Portakabin at a time. Please stow your kit and vacate promptly.

Registration opens at 07:45 hours. Register with your completed disclaimer at the front desk in the Thruxton Centre. Please remain outside until called forward by the IAM RoadSmart marshal to hand in your disclaimer and receive your track wrist band. Screens, social distancing and one-way arrangements are in place.

You will need to pre-select your A/B/C group choice prior to arrival on the electronic return, the link to this is sent to you with your joining email. As an indication the groups are split as follows:

A GROUP: Meant for those who have completed skills days (at this circuit) before and/or have circuit experience and are confident in that environment and/or have undertaken other rider training in a similar environment.

B GROUP: Consider themselves to be improvers. Have some circuit experience, have attended a skills day before.

C GROUP: First or second time on a skills day, looking to improve.

When you grade yourself please **be honest with yourself** and remember the day is structured to help you with your own skills development. We may move your selected group to ensure the correct distribution of participants but will not place you in a group that makes you feel uncomfortable.

Please be in the Briefing Area upstairs in the Thruxton Motorsport Centre at:

08:45 C Group Safety Brief

09:00 B Group Safety Brief

09:15 A Group Safety Brief

Machine

Please note - your motorcycle must be fully road legal. There is further guidance on machine preparation below. Daylight MOTs are not sufficient. Do not attempt to remove or tape up mirrors or remove or conceal your registration plate.

Insurance

Most policies specifically do not cover use on a racing circuit. IAM RoadSmart advise you to check with your insurance company regarding the level of cover you have for this event.

The letter prepared by IAM RoadSmart can be sent to your insurance company. This contains all the information about the day and can help them decide on extending insurance cover for the event.

Whilst Cornmarket Insurance will cover members to take part at IAM RoadSmart approved driver & rider skills days, there is no cover automatically. You must advise Cornmarket who will arrange cover with their selected insurers for a small fee. Cornmarket will issue a letter on behalf of insurers that says the normal track day exclusion is removed for the purpose of the IAM approved Skills Day event.

You cannot purchase Skills Day cover from Cornmarket unless you are an existing policyholder. Please note IAM RoadSmart will **always** advise you to discuss insurance with your provider not with our Support Team.

Clothing

Full and approved motorcycle protective clothing is mandatory. Leathers or textile clothing is permitted. Road legal helmets/visors/goggles must be worn. You do not need a Gold ACU sticker just an approved road legal (UK) helmet. DOT only (USA) approved helmets are not permitted.

NOTE: Helmet Cameras will not be permitted, but machine mounted cameras will be allowed provided they are securely mounted.

Catering & Refreshment

Note - The Environmental Health Officer has approved the Thruxton Catering COVID-19 procedures and protocols.

There are facilities on the site to purchase food and drink. Please feel free to bring a packed lunch if you prefer. Breakfast is available from 07:30. Strict COVID-19 protocols are in place and **you will require a face covering/mask** to enter the restaurant area, unless exempt. Motorcycle neck buffs pulled over the mouth and nose are perfectly acceptable for this purpose.

There will be no indoor eating facilities. The upstairs balcony is available. If the weather is bad, shelter on the upstairs balcony or in the open pit garages on far side of the assembly area.

Please take on plenty of fluid during the day. Tea, coffee and water will be available throughout served from the garage area at the front of the Thruxton Centre, please do not gather in a large group, and always adhere to the current social distancing guidelines in place.

Toilets

The toilets in the Thruxton Centre are out of use, please use the paddock toilets where an enhanced cleaning regime is in place.

Fuel

Arrive with a full tank of fuel. Nearby fuel locations are detailed in circuit specifics.

Conduct

The instruction is based around a set of core competences directly related to The System of Motorcycle Control (IPSGA), which will be developed by your instructor.

This event is a Skills Day not a Track Day, no timing, pace making, or racing will be allowed. You will be expected to ride within your capability. Due respect must be given to all participants, by all participants. Failure to adhere to these criteria will result in a warning; if there are any further infringements the rider will be removed from the event - no refund will be made.

Cancellations

Please do not attend if you have any symptoms or suspect you have had symptoms of COVID-19 in the 10 days prior to the event. We will treat all cancellation requests in these circumstances sympathetically and offer you a refund or voucher as appropriate. All cancellation requests must be submitted in writing by email to support@iam.org.uk

If there is a cancellation of the event by circuit owners due to unforeseen circumstances, it will be the intention to seek an alternative future date.

How to prepare you and your motorcycle

You and your motorcycle will be working harder than normal whilst you ride and learn on a Skills Day. Below is a handy checklist we recommend you complete before you arrive to keep you and your motorcycle safe. Don't find yourself stuck trackside completing essential maintenance when you should be learning on the track.

P – Petrol, arrive with a full tank, you will use more fuel than for normal road riding.

O – Oils, check of the engine/gearbox oil level. Brake/clutch fluid, when was it last changed? Most manufacturers recommend 2-year intervals – if in doubt refresh it.

W – Water/Coolant. Check the level and mix. When was it last replaced? Most manufacturers recommend 2-year intervals – if in doubt refresh it. Your machine will possibly run hotter than normal during the track sessions.

D – Damage to any part of the motorcycle. Make sure everything is safely bolted together and with no obvious leaks. Any quick release luggage is to be removed and stored at the circuit prior to the track sessions.

D – Drivetrain. For chain/belt drive make sure it is adjusted in accordance with manufacturer guidelines. Chains must be lubricated correctly. Slack, dry or rusty chains will not be permitted on circuit; they are a danger to you and other riders around you. For shaft drive, service in accordance with manufacturer guidelines.

E – Electrics. Check that they are all working as normal, with all safety systems operating.

E – Exhaust. Noise is an issue and even tracks are sensitive places due to local noise regulations on non-race days – see circuit specifics below. Ensure your baffles are in and your exhaust is fully road legal, they will be inspected and tested. Overly noisy machines may be prevented from entering the circuit by track officials.

S – Suspension. Make sure that it's in good condition and correctly adjusted. No leaky shock absorbers or forks seals.

R – Rubber. Tyres must be in good condition, not already at the minimum tread depth, and at the correct pressure, you will be working them harder than normal. Note – fully road legal tyres only, no slicks are permitted. Check your tyre condition through the day. Your tyres are the only bit connecting you to the track!

B - Braking – pad/disc condition and wear. Are your brakes up to the task?

Y – You. Make sure you are feeling fit and healthy, ready to learn. We have a zero-tolerance policy to drink and drugs. Please rehydrate often, dehydration will affect your ability to operate safely.

E – One last one.... Enjoy your day!

Circuit specifics

Thruxton Circuit, Andover, Hampshire, SP11 8PW
Tel: 01264 774921

From the A303 follow the signs for Thruxton Circuit ONLY; ignore signs for Thruxton village. Sat Nav users please use postcode SP11 8PN. What3Words [///launched.competing.axed](https://www.what3words.com/launched.competing.axed) will take you direct to the Thruxton Centre.

Main gates open from 07:30. On arrival, proceed through the main circuit entrance, up the hill and left under the track tunnel. When you exit the tunnel turn left to access the Assembly Area.

A FACE COVERING IS REQUIRED INSIDE ANY BUILDINGS. A MOTORCYCLE BUFF IS ACCEPTABLE FOR THIS PURPOSE.

Noise

Noise is a very sensitive local issue.

Random static noise testing is in operation throughout the day by both handheld and static monitoring points on the circuit. Overly noisy machines may be prevented from entering the circuit by track officials, IAM RoadSmart cannot refund your day if you present a machine too noisy for the circuit. Only arrive on a machine with a standard homologated exhaust or an aftermarket exhaust that meets the same noise criteria. No open exhausts are permitted on circuit. Baffles MUST remain fitted.

Fuel

There is fuel East on the A303 at Andover or West at Solstice Park Services and Countess Roundabout. There is also a garage locally in Weyhill. Fuel may be available at the circuit during the lunch break (CARD ONLY) although it is often more expensive than local petrol stations.

Accommodation

There is ample local accommodation with a choice of B&B and hotel chains.

Spectators

NO SPECTATORS/GUESTS CAN BE ACCOMMODATED AT THIS EVENT

Final rider checklist

- Before you set off, ensure you have read the safety briefing. Print and complete your Disclaimer ready for registration. **PACK A FACE COVERING IN YOUR KIT.**
- Register with IAM RoadSmart staff immediately on arrival.
- Plan to arrive having topped up with fuel close to the circuit.
- Check your motorcycle and kit the day before the event.