

Motorcycle Skills Day: Croft Joining Instructions



The information in this document is essential for the IAM RoadSmart Skills Day event. Please ensure that you read all instructions BEFORE the day. Raise questions immediately if anything is unclear, please email support@iam.org.uk or call 0300 303 1134.

Getting to Croft

Address: Croft Circuit, West Lane, Dalton-on-Tees, Darlington DL2 2PL

Telephone: 01325 721815

Arrival information

Main gates open from 08:00. On arrival, drive towards the main building by the control tower where there is ample parking near the garages. Please arrive promptly for registration.

Remove any luggage and loose items from your machine and place them in the assigned area, these items are not allowed on circuit.

Timetable of the day

07:45	Registration
08:45	Safety briefing followed by a Roadcraft Theory session
17:00	End of day

The Safety Briefing is compulsory and you will not be allowed on circuit if you have not attended this briefing.

Groupings

As an indication the groups are split:

A GROUP: Meant for those who have completed skills days (at this circuit) before and/or have circuit experience and are confident in that environment and/or have undertaken other rider training in a similar environment.

B GROUP: Consider themselves to be improvers. Have some circuit experience, have attended a skills day before. First time at this circuit.

C GROUP: First or second time on a skills day, looking to improve.

When you grade yourself on the day **be honest with yourself** and remember the day is structured to help you with your own skills.

Fuel

Arrive with a full tank of fuel. There is petrol station at Toll Bar Garage, 2 miles south on the A167. The postcode is DL6 2JA.

Motorcycle security

Please note that the Skills Days are advertised on the IAM RoadSmart website and also on the various circuits' events pages. Therefore, information about the event is in the public domain. This may make it easy to guess where your motorcycle may be parked prior to the event. When staying in accommodation near one of the circuits, please take extra care to secure your motorcycle.

Spectators

Although they will not be able to participate in the riding, guests are welcome at the event. Perhaps they'll want to book for the next Skills Day?

Pets

Please note that as our Skills Days are run at motor racing circuits it is a condition of entry that no dogs other than registered assistance dogs are allowed inside the circuit boundary. No pets are allowed.

Catering

There are facilities on-site to purchase food and drink, with breakfast available from 07:30 at Thruxton, Croft & Mallory Park and from 08:00 at Blyton Park. Please feel free to bring a packed lunch if you prefer.

Bottled water is not supplied as we are trying to reduce unnecessary plastic waste. We encourage you to bring your own refillable drinking bottle to use the drinking water supply at the circuit to top up your bottles.

Clothing

On a motorcycle Skills Day, you must wear approved motorcycle protective clothing that meets UK standards. Both leathers and textile clothing is permitted and must be worn together with gloves and footwear that offer suitable impact protection. Road legal helmets/visors/goggles must be worn. You do not need a Gold ACU sticker just an approved road legal (UK) helmet. DOT only (USA) approved helmets are **not** permitted.

NOTE: Helmet mounted cameras will not be permitted, but machine-mounted cameras will be allowed provided they are securely mounted.

How to prepare yourself and your motorcycle

Machine

Your motorcycle must be fully road legal. There is further guidance on machine preparation below. Daylight MOTs are not sufficient. Do not attempt to remove or tape up mirrors or remove or conceal your registration plate.

Noise

Noise is a very sensitive local issue. Noise testing is in full operation. There is a static limit of 95dB(A) but there is also an average max of 70dB over any given hour. This is monitored at the circuit and remotely by the local authority. If it is exceeded, or is likely to be exceeded, the circuit is closed until the level has dropped. Machines failing the test may be prevented from entering the circuit by track officials, IAM RoadSmart cannot refund your day if you present a machine for noise testing and fail. All questions on noise testing must be directed to Croft Circuit direct and not to IAM RoadSmart.

Conduct

The instruction is based around a set of core competences directly related to The System of Motorcycle Control (IPSGA), which will be explained during the theory briefing and developed by your instructor.

This event is a **Skills Day not a Track Day**, no timing, pace making, or racing will be allowed. You will be expected to ride within your capability. Due respect must be given to all participants, by all participants. Failure to adhere to these criteria will result in a warning; if there are any further infringements the rider will be barred from the event - no refund will be made.

Motorcycle checklist

You and your motorcycle will be working harder than normal whilst you ride and learn on a Skills Day. Below is a handy checklist we recommend you complete before you arrive to keep you and your motorcycle safe. Don't find yourself stuck trackside completing essential maintenance when you should be learning on the track.

P – Petrol. Arrive with a full tank, you will use more fuel than for normal road riding.

O – Oils. Check of the engine/gearbox oil level. Brake/clutch fluid, when was it last changed? Most manufacturers recommend 2-year intervals – if in doubt refresh it.

W – Water/Coolant. Check the level and mix. When was it last replaced? Most manufacturers recommend 2-year intervals – if in doubt refresh it. Your machine will possibly run hotter than normal during the track sessions.

D – Damage to any part of the motorcycle. Make sure everything is safely bolted together and with no obvious leaks. Any quick release luggage is to be removed and stored at the circuit prior to the track sessions.

D – Drivetrain. For chain/belt drive make sure it is adjusted in accordance with manufacturer guidelines. Chains must be lubricated correctly. Slack, dry or rusty chains will not be permitted on circuit; they are a danger to you and other riders around you. For shaft drive, service in accordance with manufacturer guidelines.

E – Electrics. Check that they are all working as normal, with all safety systems operating.

E – Exhaust. Noise is an issue and even tracks are sensitive places due to local noise regulations on non-race days. Ensure your baffles are in and your exhaust is road legal, they will be inspected and tested. Overly noisy machines may be prevented from entering the circuit by track officials.

S – Suspension. Make sure that it's in good condition and correctly adjusted. No leaky shocks or forks.

R – Rubber. Tyres must be in good condition, not already at the minimum tread depth, and at the correct pressure, you will be working them harder than normal. Note – fully road legal tyres only, no slicks are permitted. Check your tyre condition through the day. Your tyres are the only bit connecting you to the track.

B – Braking. Pad/disc condition and wear. Are your brakes up to the task?

Y – You. Make sure you are feeling fit and healthy, ready to learn. We have a zero-tolerance policy to drink and drugs. Please rehydrate often, dehydration will affect your ability to operate safely.

E – One last one.... Enjoy your day!

Insurance

Please note, IAM RoadSmart will always guide you to discuss insurance with your provider and not with our Support Team.

Publicity

IAM RoadSmart may use photographs and videos taken at Skills Days in publicity and marketing materials. Your attendance at an event may mean that you are featured in such photographs and videos and you are deemed not to object to the taking of such photographs and videos as detailed above. If you do not wish to be included in any photograph and/or video, please notify the event organiser at the relevant event prior to the photographs and/or videos being taken.

Terms and conditions

Refer to our website for T&Cs.

Don't forget

Preparing for the day

Before you arrive, please remember to:

- ✓ Ensure your motorcycle meets the vehicle eligibility requirements
- ✓ Ensure you have a valid driving licence for the class of vehicle
- ✓ Ensure your vehicle is properly maintained and has a current MOT certificate if required. You may want to refer to: <https://www.gov.uk/check-mot-status>
- ✓ Check your insurance coverage [add link to letter]
- ✓ Check your kit
- ✓ Secure your motorcycle if staying overnight locally
- ✓ Notify us if you need any special assistance (e.g. you plan to bring a registered assistance dog)

On the day:

- ✓ Conduct motorcycle checks
- ✓ Arrive with a full tank of fuel or enough for 100 miles
- ✓ Bring any glasses or eyewear required
- ✓ Bring a refillable water bottle
- ✓ Bring your ticket (on a mobile device or a printout)
- ✓ Don't miss the safety briefing
- ✓ Leave pets at home
- ✓ Follow all instructions carefully for your safety and others
- ✓ Have fun!