

# Autumn Course 2023

**31<sup>st</sup> August Course Introduction, Mercure Hotel, Linkway West St. Helens**

**Run 1 Sun 3<sup>rd</sup> Sept.**

Core Driving Skills (1) Taking, using, giving information / manoeuvring. The first 30 minutes of the run is a driving assessment.

**Run 2 Sun 10<sup>th</sup> Sept.**

Core Driving Skills (2) Information and positioning / spoken thought.

**Run 3 Sun 17<sup>th</sup> Sept.**

Core Driving Skills (3) Adding speed and gear selection to what you've learnt.

**Run 4 Sun 24<sup>th</sup> Sept.**

Junctions and Roundabouts (Applying the five phases of the system)

**Sun 1<sup>st</sup> Oct. The System of Car Control discussion, Fire Station / Demonstration drive.**

**Run 5 Sun 8<sup>th</sup> Oct.** Bends and cornering.

**Run 6 Sun 15<sup>th</sup> Oct** Bends and Cornering /Overtaking

**Run 7 Sun 22<sup>nd</sup> Oct.** Motorways and Dual Carriageways

**Sun 29<sup>th</sup> Oct (TBC) Meet an Examiner, Fire Station /** Junctions and Roundabouts

**Run 8 Sun 5<sup>th</sup> Nov.** Junctions and Roundabouts (refining the application of the System)

**Sun 12<sup>th</sup> Nov** All road types / System / Timing and Flow (1)

**Sun 19<sup>th</sup> Nov.** All road types / System / Timing and Flow (2)

**Sun 26<sup>th</sup> Nov.** All road types / System / Timing and Flow (2)

## IS YOUR CAR SAFE AND LEGAL?

As the driver **you** are responsible for the legal roadworthiness of your vehicle, the control over that vehicle, and the safety of passengers in your vehicle. It is for these reasons there should be daily checks of

- Vehicle readiness for the road (**POWDERY**)
- Cockpit and brake checks

**P** - **PETROL**  
**O** - **OIL**  
**W** - **WATER**  
**D** - **DAMAGE**  
**E** - **ELECTRICS**  
**R** - **RUBBER**  
**Y** - **YOURSELF**

### COCKPIT DRILL (guide only)

- All doors secure
- Handbrake is on
- Gear in neutral
- Seat and mirrors adjusted
- Ignition on, panel check
- Depress clutch
- Start engine, panel check
- Static brake test
- Seat belts fastened
- Vehicle ready for the road, carry out a moving brake test when safe.

### MOVING BRAKE TEST

To ensure the vehicle pulls up straight during braking. The test should be carried out as soon as it is safe, without inconvenience to other road users; ideally at 30mph in fourth gear, but use whatever speed and gear is appropriate. Warn your passengers,

**‘STAND BY FOR MOVING BRAKE CHECK’**

Then,

**‘BRAKING NOW’**

Use one firm application of the brakes to reduce the speed to about 10mph. If the test is satisfactory, announce,

**‘THE BRAKES ARE PULLING EVENLY’**